Full Body Fitness

August-December 2016 Schedule

Tuesdays			Saturdays		
Aug. 9	Comm. Gym	630-730p	Aug. 13	Comm. Gym	8:30-930a
Aug. 16	Comm. Gym	630-730p	Aug. 20	Comm. Gym	8:30-930a
Aug. 23	Comm. Gym	630-730p	Aug. 27	Comm. Gym	8:30-930a
Aug. 30	Comm. Gym	630-730p	Sept. 3	Comm. Gym	8:30-930a
Sept. 6	Comm. Gym	630-730p	Sept. 10	Comm. Gym	8:30-930a
Sept. 13	Comm. Gym	630-730p	Sept. 17	Comm. Gym	8:30-930a
Sept. 20	Comm. Gym	630-730p	Sept. 24	Comm. Gym	8:30-930a
Sept. 27	Comm. Gym	630-730p	Oct. 1	Comm. Gym	8:30-930a
Oct. 4	Comm. Gym	630-730p	Oct. 8	Comm. Gym	8:30-930a
Oct. 11	Comm. Gym	630-730p	Oct. 15	Comm. Gym	8:30-930a
Oct. 18	Comm. Gym	630-730p	Oct. 22	Comm. Gym	8:30-930a
Oct. 25	Comm. Gym	630-730p	Oct. 29	Comm. Gym	8:30-930a
Nov. 1	Comm. Gym	630-730p	***Nov. 5***	***Canceled***	
Nov. 8	***Canceled***		Nov. 12	Comm. Gym	8:30-930a
Nov. 15	Comm. Gym	630-730p	Nov. 19	Comm. Gym	8:30-930a
Nov. 22	Comm. Gym	630-730p	***Nov. 26***	***Canceled***	
Nov. 29	Comm. Gym	630-730p	Dec. 3	Bay Lodge	8:30-930a
Dec. 6	Community House	630-730p	Dec. 10	Community House	830-930a
Dec. 13	Community House	630-730p	Dec. 17	Bay Lodge	830-930a
Dec. 20	Bay Lodge 630-730p		***Dec. 24***	***Canceled***	
Dec. 31	***Canceled***				

TIMES/LOCATIONS SUBJECT TO CHANGE! Updated 11/8/16