

Minutes of a Meeting of
Recreation and Parks Improvements Committee
Held Monday, October 6, 2014
6:30 p.m.

Members Present: Councilman Tom Henderson, Chair
Councilman Paul Vincent
Councilman Dwight Clark

Also Present: Recreation Director Enovitch, Barry Tyo, Clete Miller, Police Chief
Spaetzel, Councilman Tadych, Councilman Lee, Councilwoman Lieske,
Law Director Ebert

Audience: Carol Zeiders, Denny Wendell, Marty Mace, Conda Boyd, Dick Majewski

Mr. Henderson called the meeting to order at 6:30 p.m. He thanked everyone for their attendance and advised that the primary topics for discussion this evening are a review of Recreation Department programs and activities for 2013 and 2014, and an update on a proposal for exercise stations along the Walking Trail in Cahoon Memorial Park.

Bay Village Recreation Department Report of Enrollment

Recreation Director Dan Enovitch distributed copies of a report concerning the Recreation Department enrollment in programs and activities for 2013 and 2014. (Exhibit A attached). The Committee reviewed the report with an opportunity for questions and comments.

Mr. Henderson noted that the attendance for both years is very similar. Mr. Vincent asked if the department tracks walk-ins at the Aquatic Center as well as pool passes. Mr. Enovitch will provide those numbers to Mr. Vincent. He noted the impact of weather on pool attendance.

Mr. Clark asked if the private pool parties still continue to be a popular activity. Mr. Enovitch stated that many residents take advantage of the opportunity to rent the pool for an hour and a half in the evening for private use.

Mr. Henderson asked about the improvements and maintenance work done at the pool this summer. Mr. Enovitch stated that the slides and water features look brand new after the work that was done.

Mrs. Lieske asked if there is a breakdown of Bay Village residents and non-residents for all of the different activities at the pool. Mr. Enovitch stated that pool passes are all residents, swim team is composed of 99% residents, and Learn-to-Swim registration requires pool registration which is for residents. All activities are membership based so there is no non-resident activity in those programs.

Mr. Vincent asked if anything was done to advertise for the diving program, considering the increase shown for 2014. Mr. Enovitch stated that perhaps the time slot chosen was more

convenient for families. The only sources of advertisement are the published summer program, email blasts, on-line, website, and Cahoon Memorial Park sign board.

Mr. Henderson asked about the difference in Bay resident enrollment and non-Bay resident enrollment in activities other than the Aquatic Center. Mr. Enovitch stated that they are predominately residents, but there are non-residents that participate in the programs. Non-residents pay a premium of at least an additional \$20.00. Some of the programs are not offered by other communities which will cause a draw from those other communities.

Mrs. Lieske stated that she is especially interested in the United States Tennis Association (USTA) activity. How many were residents and how many were non-Bay? Mr. Enovitch stated that every USTA team has a Bay resident team captain. Mrs. Lieske stated that the use of the courts by the USTA teams makes the courts unavailable for Bay residents. Mrs. Lieske stated that she has heard from residents that they are paying tax dollars and there are non-residents on the team and the residents can't use the courts.

Mr. Enovitch stated that this past year, due to the concern expressed by Mrs. Lieske last year, they rotated where the USTA teams would be playing. All matches did not necessarily take place in Bradley Park. One evening they would use Bradley Park, one evening they would use Dover Center Courts. They rotated all of their tennis programs so that there is always an open court. The schedule is posted on-line so that players can check which courts are available.

Conda Boyd noted that the travel teams are not part of the Recreation Department programs. Mr. Enovitch stated that the baseball programs are offered from age 3 to 6. When the boys or girls turn age 7 they then participate in the In-House League or the Travel Leagues. The Recreation Department does the programming for the young children, which is typically done during the day, and the evening programs are for the kids that are 7 years to high school age. That is conducted by Bay Men's Club, Bay Girls' Softball Club, Bay Travel Baseball, or Bay Girls' Travel.

Ms. Boyd asked if they then pay to use the fields the city maintains. Mr. Enovitch stated that they do receive money from them for maintenance during the travel tournament, as well as weekend maintenance. Ms. Boyd asked if this is for overtime pay required and Mr. Enovitch responded affirmatively.

Mr. Clark added that there was an issue a couple of years ago when tournaments were being played and the cost wasn't being offset. There were fees instituted to help defray the cost to the city for the Fourth of July Tournament and the Bay Challenge Cup.

Mr. Vincent asked if the City includes training for football coaches. Mr. Enovitch stated that all the coaches go through the USA Football Concussion Training Program.

Lacrosse is growing tremendously and definitely impacting the baseball numbers. The formerly co-ed Lacrosse camp has been separated for boys and girls because it is two different games.

Recreation and Parks Improvement Committee
October 6, 2014

Skateboarding lessons are taught through subcontracting with a group from downtown Cleveland. The instructors do lessons at the skate park in the early morning hours on weekdays.

Mr. Clark asked if there is consideration to add other programs that may be in demand, or evaluating the elimination of programs where enrollment numbers are down.

Mr. Enovitch stated that they review participation in programs every year and always set minimum participation numbers for any program offered. They are always looking for new ideas and to offer new sports and activities.

Fitness Center Memberships are \$85.00 annually, or \$5.00 per visit. A supervisor is assigned to the Fitness Center at the Community Gym.

Mr. Henderson asked what the Recreation Department would like to accomplish in 2015.

Mr. Enovitch stated that he would like to see the growth in the Lacrosse program. This will need to be addressed in the future as far as fields for the activity. It is the largest growing sport in the mid-west currently, and the Recreation Department would like to be sure that the residents in Bay Village have the opportunity to enjoy the sport of Lacrosse.

Mrs. Lieske asked if there is a policy in terms of the amount of playing time that everybody should get in a program. Mr. Enovitch stated that there is minimal playing time requirements in every single sport. Right now we are in the football season so a participant must play a minimum of ten plays in a game. Our coaches do a great job of making sure that there is as close to equal playing time as possible. Volleyball is the same way. If you play in Game 1 of the match, you have to sit out Game 2 and let everybody else play. We rotate that, and the volunteer coaches do a great job. It is something that the department stresses. For a lot of these kids it is their first exposure to sports and we want to make sure it is a positive one.

Mrs. Lieske stated that there is a number of young families that live in her neighborhood and in talking to them it seems that there are some complaints about the number of plays their children experienced. Mrs. Lieske stated that she knows Mr. Enovitch emphasizes this at coaches meetings and most are very good at following the requirements. Mr. Enovitch suggested that a parent who is experiencing a difficulty call him to discuss the situation. He will take action because these are league rules, mandated by the leagues.

Mr. Clark asked if new coaches go through a background check. Mr. Enovitch stated that they absolutely do go through a check, and everyone over the age of 18 in the Recreation Department gets fingerprinted. If there are any glitches, it is referred to the Law Department.

Mr. Henderson stated that he really likes the yearly comparison report to understand the trends and thanked Recreation Director Enovitch for his review.

Mr. Lee asked if the new lighting at Hartman Field has worked out satisfactorily, if Mr. Enovitch is satisfied with the installation and how the lights performed the first season. Mr. Enovitch stated that the lights have worked well with only one incident that was easily overcome by

flipping the switch on the circuit board. The lights will be used until mid-November. The customer support of the contractor has been outstanding.

Mrs. Lieske asked about the tennis courts, especially the surface water problem. Mr. Enovitch stated that the complaints have been minimal. There haven't been major issues with the swale that runs through the courts. To Instructor Chris Gambrel's credit, she and her staff are out there squeegeeing the courts if there is any type of precipitation.

Mr. Ebert stated that a meeting was held with the tennis court contractor and they will meet with Council soon to discuss the situation and possible alternatives. There is an issue concerning flatness of the courts and trying to meet the USTA standards. The problem is that the courts are recreational in nature. There are some significant base problems and issues that may not be resolved without a total redo of the surface coat. The courts haven't held water as much as they used to, although in tennis season there is the need to use the squeegees. That may be the alternative that has to be used.

Mr. Henderson stated that he knows it was a very expensive project and some people have been less than satisfied with the quality of the product. He stated that he does look forward to talking about that and whatever remedies we can come up with in regard to the contractor, or insurances that might be in place.

Mr. Clark noted that a preview of the 2015 budget will begin next week and asked if Mr. Enovitch sees a need for capital requests for next year. Mr. Enovitch stated that there is nothing urgent now. There are some improvements that could be made at the Aquatic Facility such as painting of the stair cases, and addressing the breezeway.

Mr. Clark noted that Council tries to be sensitive to the needs of the pool because it tends to be self-sustaining in terms of its performance.

Proposal for Exercise Stations Along the Walking Trail in Cahoon Memorial Park (Exhibit B attached)

Mr. Henderson stated this evening the Committee will examine the proposal as it stands today, and make a decision, collectively, as to whether or not the proposal is complete and gives the ability to know what is being proposed in the level of detail necessary to present it to the Council Committee of the Whole and the Cahoon Memorial Park Trustees for consideration as to whether or not it is a good idea for the park.

The idea is to install outdoor exercise equipment along the walking trail in Cahoon Memorial Park north of Lake Road. The intent of the proposal is to fill in a perceived gap in the recreational asset portfolio. There are low intensity opportunities for adults, such as the walking trail itself, or disc golf, and there are some higher intensity options like tennis or basketball in the area. The idea with this is that it allow adults, primarily, who are already walking along the walking trail to increase their level of activity from simply walking to cardio activity and strength building. Mr. Henderson stated that in his opinion some adults who have also been in post-acute care rehabilitation programs might also find this to be helpful.

Mr. Henderson walked the trail to get a feel for the proposals, and agrees that it is a well-utilized walking trail with many people there, even early-morning on Sundays. It is mostly adults, from what he observed.

On September 25, 2014, this proposal was present to the Parks and Recreation Commission. The commission members discussed the equipment, the company that designs it, the selection of stations, the intended user base, and the site selection. Mr. Henderson asked the commission at the end of the meeting whether or not they supported the proposal. They all agreed that they were supportive.

Mr. Henderson proceeded to review the proposed fitness site plan.

Site 1, near the parking lot and behind the boat sculpture is a warm-up site. Sites 2 and 3 offer the higher levels of cardio and strength building opportunity. The white squares on the overview map represent the correct size and location of the proposed sites. Site 1 includes an Achilles Stretch/Trunk Stretch/Step-Ups, Stretch Bar.

A sample piece of the material to be used was distributed for inspection by the committee. The material appears to be wood, but is a composite made of plastics. The other parts are galvanized steel metal throughout with a powder coating. The material is a similar color to the park benches that are already in the park.

The signs are important to the plan because they inform the users how to use the equipment. Even though there are only three pieces of equipment at each station, the user can do more than three exercises. The sign communicates the different exercises that can be done with each piece of equipment.

One of the design considerations the team has taken into account is the orientation of the signs. Each of these signs are arranged so that you would need to stand facing west, so if you stand on the south and look to the north you will be observing a narrower side of the sign. The intent of that is to minimize the impact on the view of Lake Erie.

Site 2 will be the location of three more pieces of equipment: Chin Ups/Body Curl, Sit Up/Push Bar, and Bench Curl.

Site 3 will include a Leg Stretch, Seated Dips, and Log Hop.

Mr. Barry Tyo addressed the committee stating that the material for the equipment is recycled plastic, from milk jugs and laundry jugs, has a landfill half-life of 1000 years and puts up with any type of weather from deserts to mountains. All of the equipment comes either in a cluster or circuit formation. We are going with the circuit primarily because it fits perfectly for this semi-figure eight walkway we have in the park. The workouts are done according to the signage which is in three different levels: beginner, intermediate and advanced. The distance between each station is approximately 200 yards.

The posts for the equipment are similar to the signs, the benches are very close to the ground. There are either trees or bushes behind the equipment for the least amount of visual impact.

Site No. 2 is actually very close to the lake, quite a distance from Lake Road. Site No. 3 is at the top of the bluff by the Boat Club and if you are coming from east to west you can't see it. If you are going from west to east it blends in with everything else.

All of the equipment begins with warm-up and stretching, moves on to a cardio strengthening and then a cool-down when the user gets back to Site 1.

The installation of the equipment takes two people, two days. They have been installed by Girl Scout fathers, and other volunteers.

Mr. Henderson noted that each of the three stations does not have any sort of ground cover. The stations can be placed directly on the grass. That eliminates concerns about mulching every year.

Clete Miller addressed the conceptual budget and fundraising strategy for the installation of this equipment.

The budget now is \$10,500 from the manufacturer, which includes an approximate \$4,000 discount. The actual concrete to stabilize the posts has been added to that, in the amount of \$500. Corporate donations will be sought from either corporations in our immediate vicinity or corporations in the region because they may have a large employee population in the City. It is important to have the support of the City in this endeavor prior to seeking corporate donations. The Bay Village Foundation would be the harbor of the donations until such time as the monies are accumulated to cover the budget. This would allow the corporations the benefit of the tax deduction for their donations. Mr. Henderson noted that he is a Trustee of the Bay Village Foundation. Mr. Clark commented that this is the same tactic that was used when raising money for the Fourth of July Fireworks.

Mr. Miller noted that as recently as last week Mr. Tyo received an anonymous donation or commitment for a donation. Mr. Miller has developed a tracking sheet for donations which will be shared with the Bay Village Foundation on an updated process. The call for cash would be made when the target budget has been reached.

Mr. Henderson stated that the primary intent would be that the Service Department would handle the installation but in the event that they did not the back-up plan would be an Eagle Scout project under supervision of the City. There are three Eagle Scout groups in the city.

Mr. Ebert asked Mr. Tyo to obtain the cost of recycled rubberized mulch. Mr. Tyo noted that this is not normally used but he will be glad to provide that information to Mr. Ebert. Mr. Miller stated that one of the factors considered in treating the ground surface was just the general maintenance and the expectation of the number of people using it. Underfoot, it is not expected that the grass will take much wear. When you use the rubberized surface you have to evaluate

the type of facility. Playgrounds have a national code that requires a compaction for a fault area. If someone falls there must be a depth of material. This equipment really doesn't involve climbing or apparatus like swing sets that would require the fall condition. We fall outside of that code and this installation is more of a casual use. Mr. Henderson asked Mr. Miller and Mr. Tyo to further investigate the cost of the rubberized mulch and get back to him before the next discussion with recommendations.

Mr. Lee asked if there have been any injuries experienced with this equipment, noting especially the Log Hopper at Site 3. Mr. Tyo stated that he has never heard of any injuries. One of the reasons Fitness Trails has stayed away from steel and moving parts is because there were injuries reported from a Canadian facility.

Mr. Lee asked if there has been experience with installations where just the natural grass surface was left untreated. Mr. Tyo stated that most of the installations are done this way. The best example would be the carnival at Bay Days every year. Thousands of people in all kinds of weather use the grounds with the natural grass surface and two weeks later it is always back to its normal condition.

Carol Zeiders, Walmar Road, asked how it was decided to put this installation in that particular park. Mr. Miller stated that they considered the openness of Cahoon Park and the relevance of the walking track in relationship to these specific exercises. Because Cahoon Park serves a very large audience of our residents, we started there. We also looked at Reese Park and considered how much green space is there and how you would configure a similar system there. We didn't feel that was equal with Cahoon Park. We also looked at Bradley Park and thought there is probably another equal with Cahoon Park. There is a walking track, multiple sports are played there, and a lot of people live very close to the park. If this is ever taken to Phase II, we would probably address Bradley Park next, and then possibly Reese Park. At our first initial try at this we thought Cahoon Park was the most central in the City.

Ms. Zeiders stated that Cahoon Park is so beautiful and you can enjoy the lake. Putting these in will interfere with that. An older bunch of people use the trail, and many walk their dogs. Is there adequate parking?

Mr. Miller stated that the Cahoon Park lot has 36 parking spaces. A number of people walk to the park. We did consider the demographics, sitting on the park benches and watching people for about 4 hours. It was largely people over 40 that use the area. We also consider the opacity, or how much it would obscure the view. The average person at a height of 5'8" will see right over the equipment. The equipment and signs will be oriented in such a way that the view will not be obscured.

Mr. Henderson stated that this is the type of conversation we need to have as a community. He would like to be sure that every one of the Cahoon Memorial Park Trustees has the opportunity to talk to their constituents about exactly the kinds of issues Ms. Zeiders brought up.

Marty Mace stated that this installation puts the City in the position of being in competition with three of its existing businesses in the City. Dimepiece Fitness is taking the anchor position in the

Bay Square Shopping Center. Prescription Fitness is located on Knickerbocker Road. Burning River Crossfit is located on Clague Parkway. This would be used by a similar demographic of their clients.

Paul Vincent stated that his only concern about the proximity of the parking lot is run-off from water at the first site. How long will the grass stay damp, and is there any concern if it is going to be more wet than other spots. Maybe we could look at moving Site 1 about ten feet away.

Mr. Tyo stated that the rendering at this point is just the general area. Further consideration would be given about the sites chosen before the installation begins.

Mr. Vincent asked how slippery the equipment will become in the winter time. Mr. Tyo stated that the characteristics as far as expansion, contraction, warp, or bend, etc., is very much like wood. There is one set in Wyoming that is used by cross-county skiers all winter long.

Conda Boyd stated that in the interest of completeness in bringing this to Council, she would suggest a vision for Phase II and Phase III. Why not present those with the idea that Phase II might actually be a better Phase I. Maybe locating at one of those other parks would not disturb the quiet, contemplative site of Cahoon Park. Present all three sites to Council and ask where they would like to put the installation.

Mr. Henderson reviewed Attachment 5 of Exhibit B attached: a letter from Barry R. Tyo to Mr. Tom Henderson dated September 26, 2014, confirming his relationship with Fitness Trails American and his involvement with this proposed project.

Mr. Tyo commented that he represents Fitness Trails in America. There would not be one cent of any type of salary or commission that he would make from this project. Additionally, he does not own any shares in, has never loaned or outright gifted any funds to, and has no equity in Fitness Trails or Fitness Trails America.

Mr. Henderson stated that he does not think there is enough closure tonight to make a full recommendation to the Committee of the Whole of Council.

Mr. Clark asked if it is contemplated to use the same color composite, or would that be varied by station. Mr. Tyo stated that it is made to look like wood and will be used uniformly through the park. Mr. Tyo also noted that this equipment is for cardio purposes and for health maintenance purposes, and not for heavy duty work-outs that one would receive at a fitness club.

Mr. Vincent asked if a rendering of the area could be shown back from the road. Mr. Miller stated that he will provide this for Mr. Vincent.

Mr. Henderson thanked everyone for their time this evening, and especially thanked the audience for all of their participation.

There being no further business to discuss the meeting adjourned at 7:20 p.m.

Tom Henderson, Chairman

Joan Kemper, Clerk of Council

Exhibit A - Oct. 6, 2014
 Recreation and Parks Dep. Committee Meeting

Bay Village Recreation Dept.	Enrollment 2013	Enrollment 2014
Aquatic Center		
Pool Passes	3,304	3,261
Swim Team	214	201
Learn To Swim	710	662
Diving	4	27
Water Aerobics	8-12 per class	8-12 per class
Basketball		
3x3 Summer Basketball (Grades 3-8)	94	126
Baseball		
Teeball for Tots	97	85
Teeball Age 5	67	68
Sixers Coach Pitch	73	73
Baseball Skills Camp	19	20
Tennis		
Youth Tennis	372	355
Adult Tennis	36	28
USTA Team Tennis	153	153
Football		
Flag, 1/2 Grade	95	65
Flag, 3/4 Grade	20	37
Tackle, 5/6 Grade*	56	44
Tackle, 3/4 Grade	44	50
Other Youth Programs		
Track & Field	41	40
Youth Sand Volleyball	47	27
Youth Golf	53	47
Lacrosse (K-3)	36	38
Lacrosse Camp	30	15
Girls Lacrosse Camp (New)	n/a	20
Karate Do (Ages 6 & Up)	216	10-12 per session
Itty Bitty Fun Camp	51	41
Skateboarding (New)	20	9
Red Cross Babysitting	33	15
Girls Volleyball League (Grades 4-8)	93	95
5/6 Grade Cheerleading Squad	17	27
3/4 Grade Cheerleading Squad	n/a	17
Adult Programs		
Yoga	8-21 per sess.	7-10 per session
Cardio Kickboxing	4-8 per class	5-8 per class

Feeling Fit	10-12 per class	10-15 per class
Zumba Fitness	4-8 per class	4-6 per class
Men's Hoops	20-25 per class	25+ per day
Adult Volleyball	10-20 per class	12-15 per day
Fitness Center Members	56	40
Special Events		
Bunny Hop	175	170
Family Fun Night (1 Summer Movie Event)	300	n/a

Exhibit B

10/6/14

Recreation & Parks Improvement
Committee Meeting

Cover Letter

To: Recreation and Parks Improvement Committee Members Dwight Clark and Paul Vincent
From: Recreation and Parks Improvement Committee Chairperson Tom Henderson
Re: Exercise stations along the walking trail in Cahoon Park
Date: October 3, 2014

Gentlemen,

In preparation for our Recreation and Parks Improvement Committee on Monday, October 6, 2014 I'd like to share some background information with you.

Bay residents Clete Miller and Barry Tyo have proposed an idea which involves the installation of outdoor exercise stations along the walking trail in Cahoon Park. This idea was proposed to the Recreation and Parks Improvement Committee in 2013; however, the proposal was never brought to the Committee of the Whole.

The intent of the proposal is to offer adults a new health and wellness activity and fill in a perceived gap in Bay's recreational asset portfolio. The equipment is targeted at adults who would benefit from having an exercise option offering more cardio-training and strength-building than the walking trail or disc golf, but which is less strenuous than basketball, tennis or swimming. Adults involved in post-acute care rehabilitation may find particular value from this type of activity.

On September 25, 2014 this proposal was presented to the Parks and Recreation Commission. Jeff Walters, Carl Heilman and Bill Sisto attended. They asked questions about the equipment, the company that designs it, the selection of stations, the intended user base, the site and more. At the end of the meeting, I asked the commission whether or not they supported the proposal. They unanimously support the proposal. Enclosed you will find a newspaper article covering this meeting.

Concerns regarding this proposal have also been expressed by residents. Several themes have emerged, which are listed below along with responses and mitigating factors for your consideration:

- Questions were raised regarding the selection of exercises. The proposed stations have been finalized in collaboration with Dan Enovich by considering the kinesiology of the target user base. A total of 9 apparatuses in 3 stations are proposed (3 groups of 3 apparatuses). Each apparatus offers multiple exercise options, which are communicated to users through 4 signs. The stations are:
 - Group 1 (13' 0" x 17' 0" total area): Achilles Stretch/Trunk Stretch, Step Ups, Stretch Bar
 - Group 2 (18' 6" x 19' 0" total area): Chin Ups/Body Curl, Sit Up/Push Bar, Bench Curl
 - Group 3 (15' 6" x 16' 0" total area): Leg Stretch, Seated Dips, Log Hop
 - See *Installation Manual* for lengths, widths, and heights of each individual piece
- Concerns regarding ongoing maintenance expense have been mitigated by elimination of mulch from the proposal. It is believed that the grass in the park, which wears well under use by soccer teams, will wear similarly near this equipment. Mulch would have required periodic replacement.
- The equipment is expected to require no ongoing maintenance by the city. It has no moving parts. The parts that resemble wood are made of recycled plastics. The metal parts are powder-coated galvanized steel. The signs do not have layers of plastic under which condensation may collect; therefore, they cannot become "hazy" over time like older park signs.

- Residents' view of Lake Erie would be impacted by this proposal.
 - The signs which explain how to use the equipment would be viewable by a user facing East or West. Only the narrow edges of the signs are visible when viewed from the South.
 - Each of the stations is strategically placed along the walking trail. Station 1, which contains stretching and warm-up apparatuses, is located near the parking lot so it can be accessed first. It would be located behind the boat-shaped piece of public art, which already partially obscures the view in that specific location. Stations 2 and 3 are placed near existing trees, which also already partially obscure the view in those locations. Locations that would have interrupted an otherwise unobstructed view were intentionally avoided.
 - It is my opinion that these pieces of exercise equipment will undoubtedly impact residents' view of Lake Erie; however, I do not believe that the equipment will materially impact the view any more than the existing park benches.
 - The straightforward opinion that "there is enough there already" is a valid regardless of how well this equipment would blend in with existing benches. I look forward to discussing these trade-offs with you in committee.
- Some residents feel that persons who are exercising will disrupt the tranquility of the park. I respect this opinion, but do not share it. My opinion is that since none of these pieces of equipment have moving parts, persons using them will be no more disruptive than persons who are walking.
- Some residents hold the opinion that Cahoon Park is too often the focus of investment in Bay and that Bradley Road Park or Reece Park would be a better location for this equipment; however:
 - Cahoon Park is centrally located for users arriving from any location in Bay;
 - Many people in the target demographic already use the walking trail daily, which is likely to result in higher utilization of the equipment than if it were installed in an alternate location;
 - No residents' houses are very near the proposed location, which may mitigate potential future complaints by those who find the equipment visually unattractive.
- The cost of the equipment is \$10,974, comprised of \$10,500 for the equipment and \$474 for concrete footing material and posts. This figure does not include installation.
 - Clete Miller and Barry Tyo will work with The Bay Village Foundation, a 501(c)(3) nonprofit corporation, to execute a fundraising campaign to fully underwrite procurement. Clete has already spoken with the foundation's president, Eileen Vernon, and she offered the foundation's administrative support. Full Disclosure: I am a trustee of this foundation.
 - Clete and Barry have indicated that they would initiate the fundraising campaign if and after the city fully approves the proposal. Their fundraising strategy is to approach businesses in Bay Village and Westlake to seek commitments. When the commitments reach the funding requirement, a cash call would be executed to obtain the funds. Funds would be donated to The Bay Village Foundation for procurement of the equipment and donation to the city.
 - Dan Enovitch indicated that he would consult with Scott Thomas to confirm that the city could install the equipment with existing employees. In the event that is not possible, the alternative is to offer the installation project to a local Boy Scouts troop as an Eagle Scout project under supervision/inspection by the city.

- The company which designed this equipment is Fitness Trails, an Australian company. This equipment would be purchased from an affiliated company, Fitness Trails America, LLC. Barry Tyo
 - Barry Tyo is the sole North American representative and President of Fitness Trails America, LLC. He receives compensation in the form of a salary and sales commission.
 - Barry has arranged with Fitness Trails to eliminate any commission, bonus or otherwise monetary compensation in association with this transaction. The quoted price of the equipment has been reduced from its list price to reflect this arrangement.
 - Barry does not own any shares and has never loaned or gifted any funds to Fitness Trails or Fitness Trails America, LLC.
 - Although Fitness Trails is based in Australia, the equipment is made in America.

Please find enclosed the following documents for your review, which I will discuss in committee:

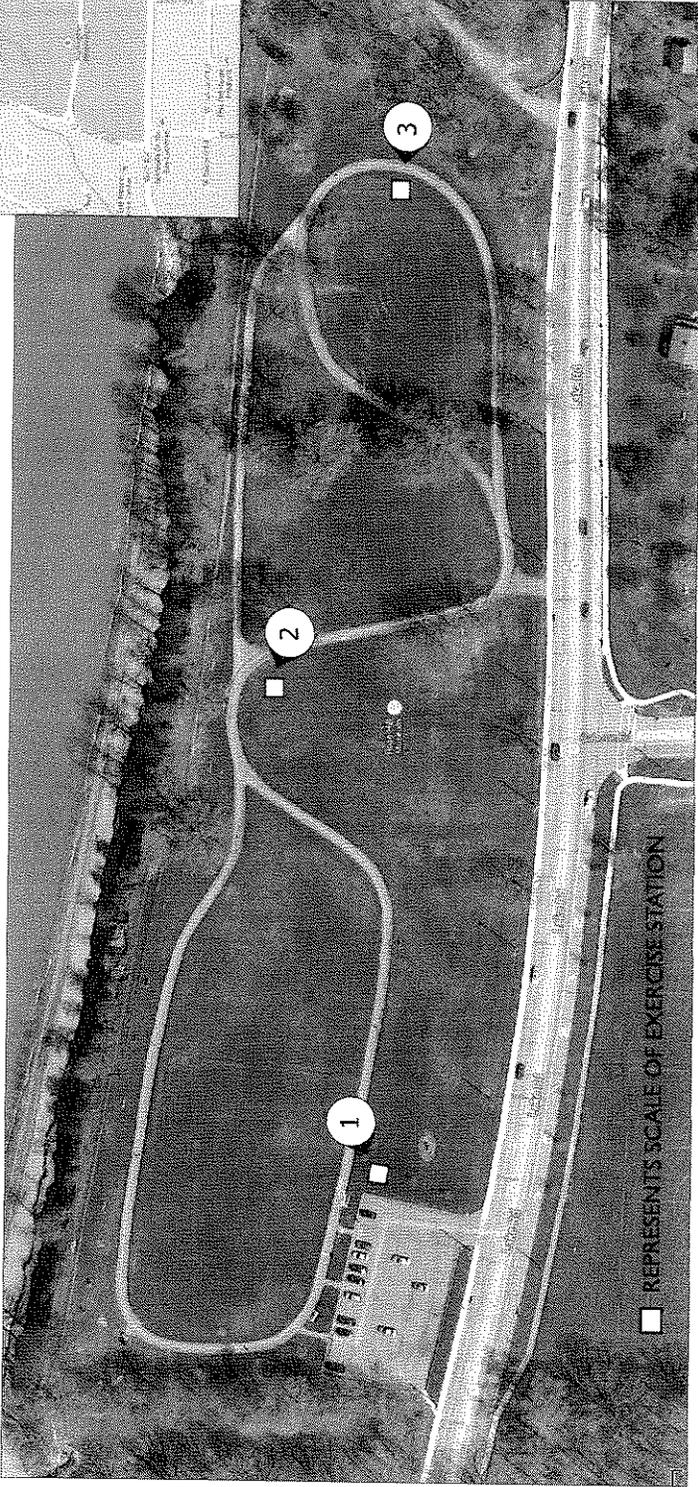
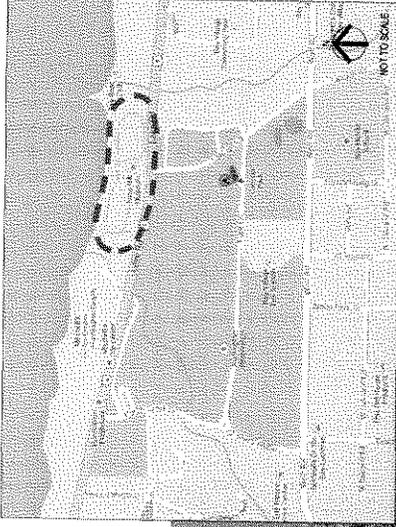
- 1) **Proposed Fitness Stations - Site Plan 8-1-14:** Documents the location of the 3 proposed sites where equipment would be installed, the 3 apparatuses to be installed in each location, the length and width of the area taken up by each location, rationale for certain design decisions and cost.
- 2) **Proposed Fitness Stations - Equipment Specifications and Installation Manual:** Documents the length, height and width of each piece of equipment and provides information regarding installation.
- 3) **Bay Village commission gives initial nod for Cahoon Park exercise stations:** A newspaper article covering the Parks and Recreation Commission meeting at which the proposal was discussed.
- 4) **Facebook Post about Exercise Equipment:** In an attempt to understand residents' opinions, I posted the newspaper article to a popular Bay Village-focused Facebook group. In response, 16 people "liked" the post and 10 comments were made. Nine comments were clearly positive and one was slightly negative. I pointed out that the location was on the north side of Lake Road in Cahoon Park and received two comments, both positive, regarding that specific point of consideration.
- 5) **Disclosure Letter from Barry Tyo:** I asked Barry Tyo to document his relationship to the vendor and his financial relationship to the proposal. This is his response.

Thank you for considering this proposal.

-Tom

Attachment 1

Proposed Fitness Stations - Site Plan 8-1-14

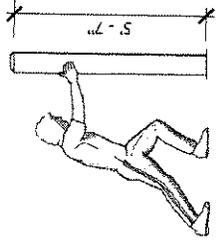
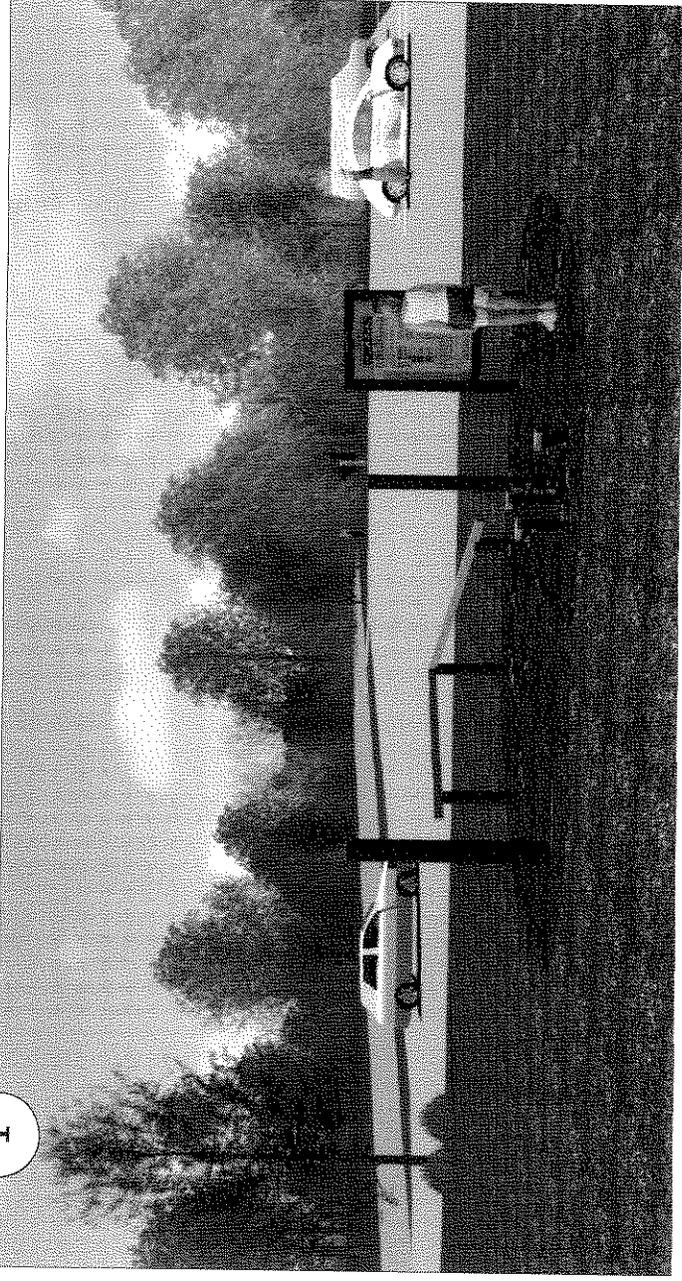


□ REPRESENTS SCALE OF EXERCISE STATION

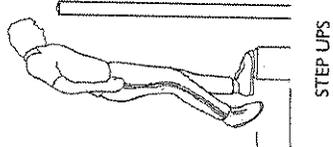
CAHOON MEMORIAL PARK EXERCISE TRAIL

“Our vision is for Runners and Walkers of a variety of ages and health conditions to improve fitness and flexibility during their otherwise routine circuit around the Cahoon Memorial Park’s Walking Track.”

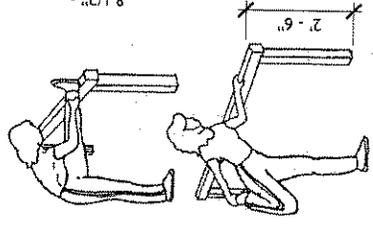
1



ACHILLES STRETCH
TRUNK STRETCH



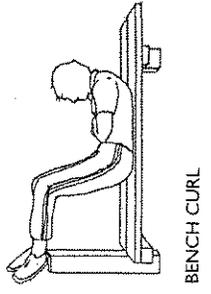
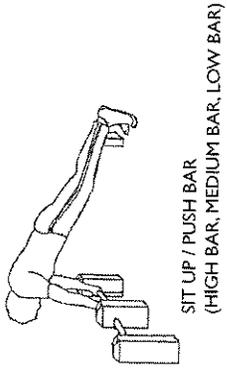
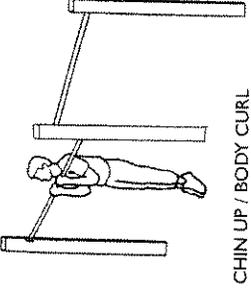
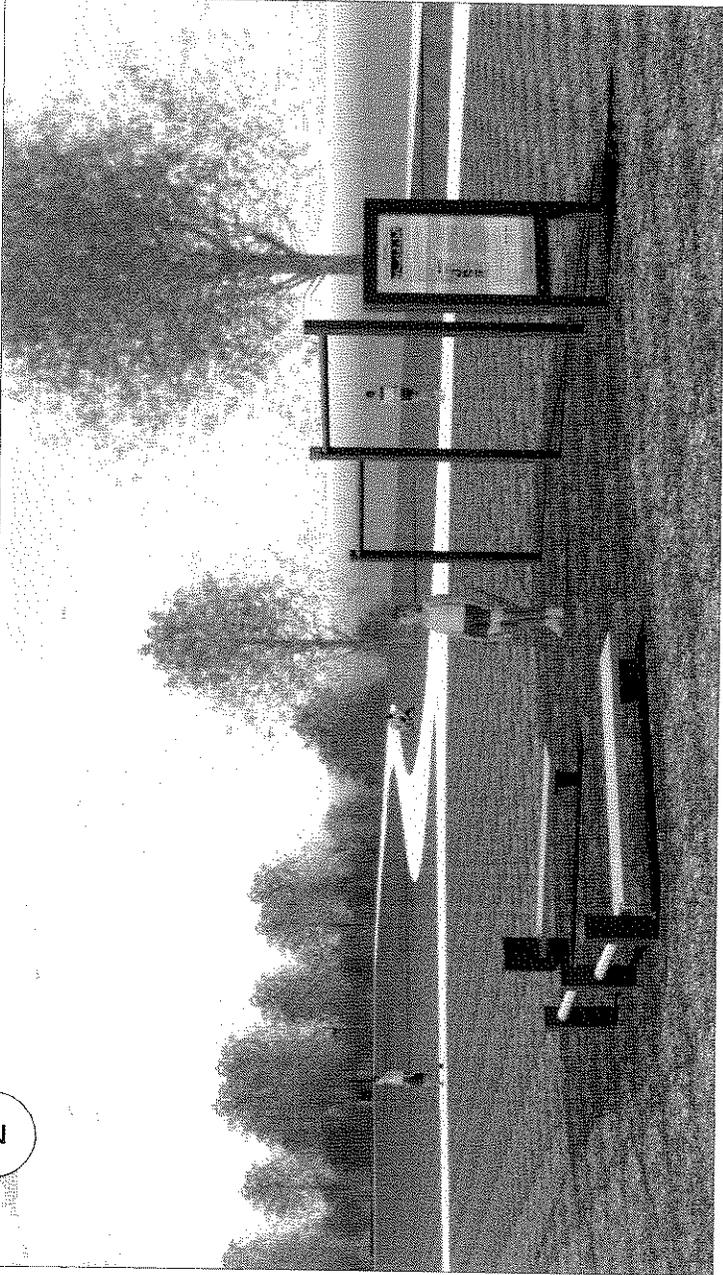
STEP UPS



STRETCH BAR

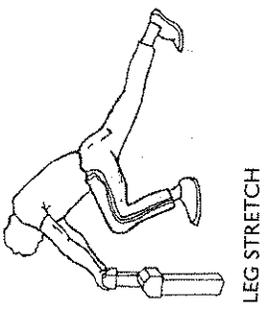
- Posts and benches are pigmented throughout to blend with natural surroundings.
- Most component pieces are vertical posts that merge with background trees.
- Station #1 contains only vertical 4" x 4" posts with exception of one 2" x 1" stretching bar.
- NO pressure treated wood to leach chemicals, check, crack or splinter.

2

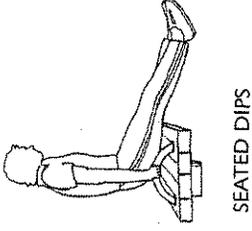


- Station #2 is 2/3 distance from Lake Road to cliff & merges visually with trees across path & along lake.
- Two flat benches are parallel to ground, are virtually invisible to vehicular and pedestrian traffic on Lake Road, and are only 16" above ground level.
- Two inclined benches rise from 16" for strengthening exercises.
- NO moving parts to invite injury, vandalism or trap airborne dust and debris.

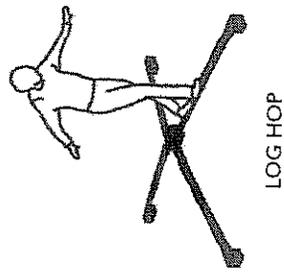
3



LEG STRETCH

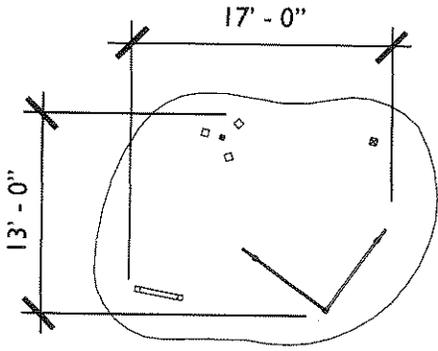


SEATED DIPS

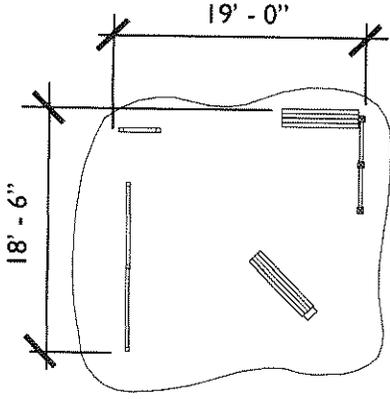


LOG HOP

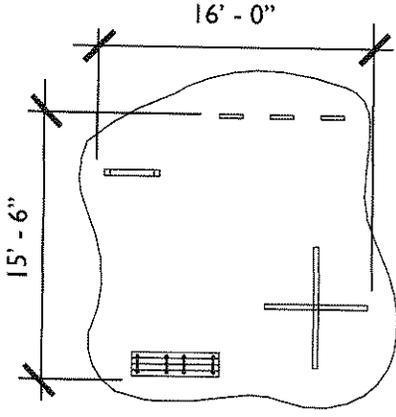
- Station #3 is to the far east of the park, has a backdrop of trees, is thoroughly concealed from westbound vehicular traffic and hidden behind a hill to obscure view from eastbound traffic.
- Benches, balance beam and leg stretch "T"s are parallel to ground, are virtually invisible to vehicular and pedestrian traffic on Lake Road and are positioned close to ground level.
- NO lubrication and NO bushings to wear and be replaced.
- NO maintenance is required once the equipment is set in place.



STATION 1



STATION 2



STATION 3

"Fitness Trail exercise systems are designed by Physiologists and endorsed by Health and Fitness experts, to be effective, economical, durable, and sustainable for Communities for years of use.

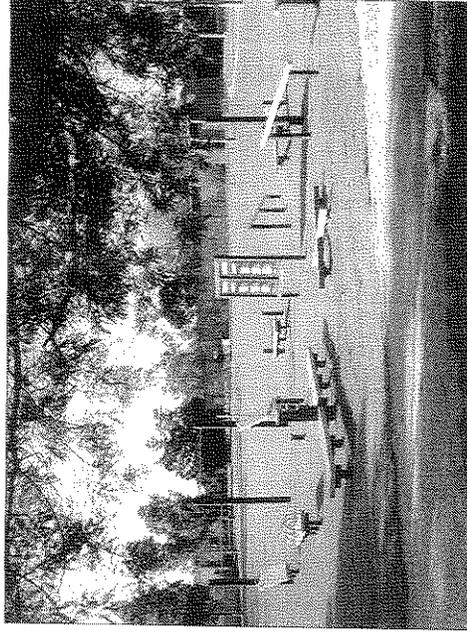
Our proposed 9 station Fitness Trail system, would have 3 exercise elements located at 3 locations of the Cahoon Memorial Park Walking Track. The proposed fundraising by Community Residents, and/or local businesses will supplement costs of materials to construct. Labor and equipment to install fitness systems would be donated by City of Bay Village."

Proposed Conceptual Budget

Fitness Trail 9 stations and 4 Sign Panels = \$10,500.00

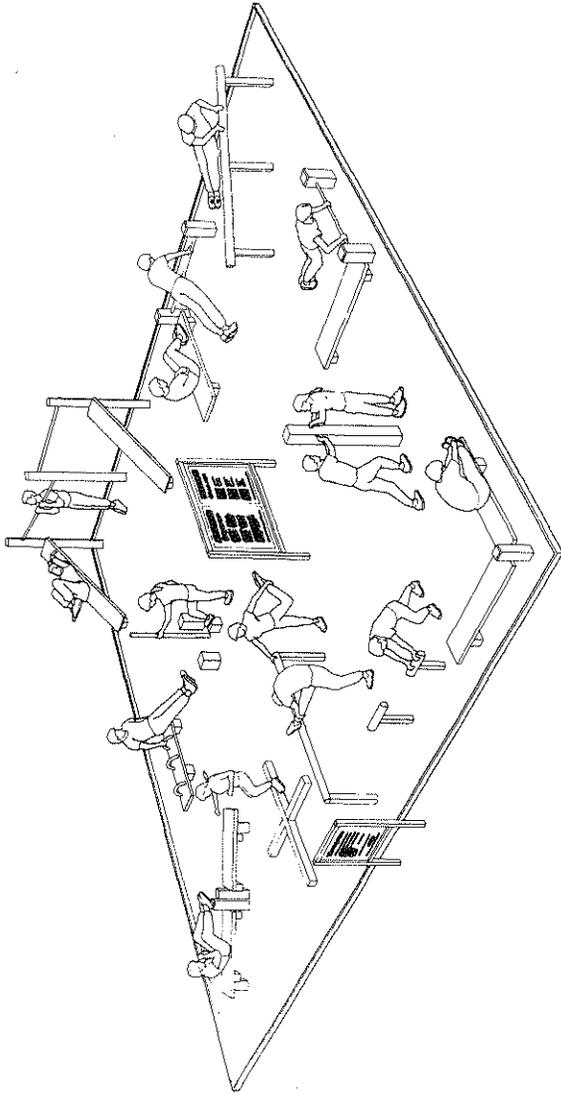
Concrete Footing Material; (Single Post \$3.85/ Bag x 3 Bags) x 41 Posts = \$474.00

Total Proposed Cost = \$10,974.00



Attachment 2

Proposed Fitness Stations - Equipment Specifications and Installation Manual



EXERSTIE®

INSTALLATION MANUAL RECYCLED PLASTIC MODEL

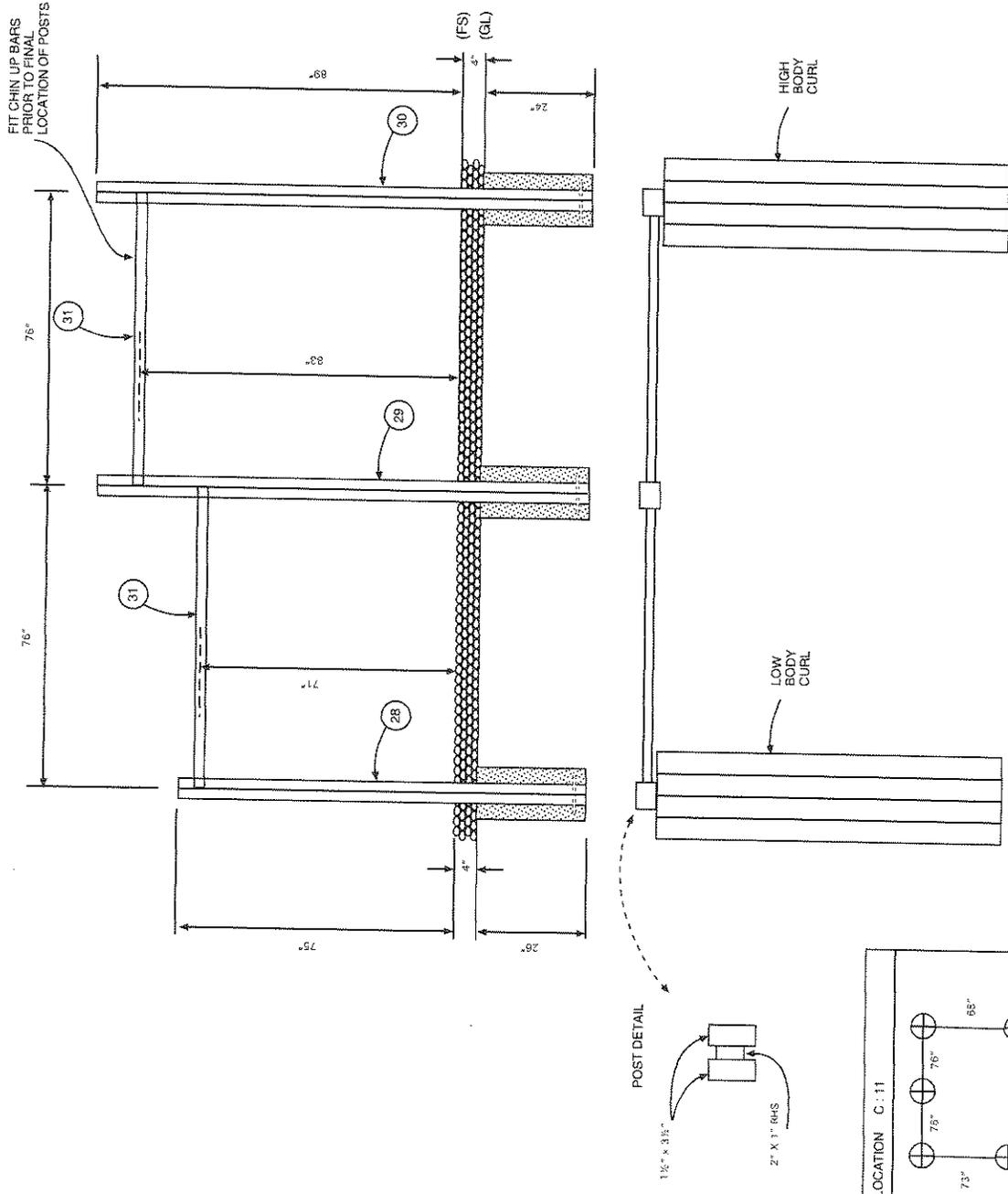
FITNESS TRAILS
PO Box 119 Woden ACT 2606
Ph/FX +61 2 6290 2437
email: fitness@bigpond.com
www: fitness@bigpond.com
© 2000 - 2008 (1207)

Materials List

ITEM No.	DESCRIPTION	PIECES	TOTAL
28	2 NO. 3 1/2" x 1 1/2" POSTS, JOINED	1	
	WITH 2" x 1 RHS, 104" LONG		
	WITH HOLE FOR LOW BAR		
29	2 NO. 3 1/2" x 1 1/2" POSTS, JOINED	1	
	WITH 2" x 1 RHS, 118" LONG		
	WITH HOLES FOR HIGH AND LOW BARS		
30	2 NO. 3 1/2" x 1 1/2" POSTS, JOINED	1	
	WITH 2" x 1 RHS, 118" LONG		
	WITH HOLE FOR HIGH BAR		
31	1 1/2" DIA., S.S. BAR	2	
	73" LONG		

PANEL 3 - CHIN UP / BODY CURL

FITNESS TRAILS
 PO Box 119 Woden ACT 2606
 Ph/Fax: +61 2 6290 2437
 email: fitness@fitnesstrails.com
 www.fitnesstrails.com
 © 2000 - 2008 (12/07)

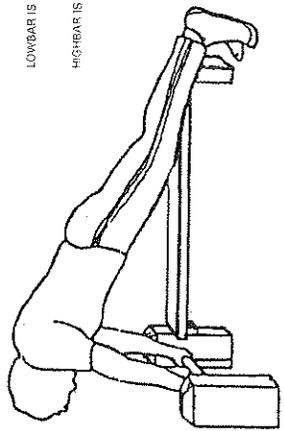


Materials List

ITEM No.	DESCRIPTION	PIECES	TOTAL
11	5 1/2" x 5 1/2" HOLLOW POST	1	
	44" LONG WITH HOLE FOR LOW BAR		
12	6" x 6" HOLLOW POST	1	
	44" LONG WITH HOLE FOR HIGH BAR		
13	6" x 6" HOLLOW POST	1	
	44" LONG WITH HOLE FOR LOW BAR		
14	6" x 6" HOLLOW POST	1	
	44" LONG WITH HOLE FOR HIGH BAR		
15	1 1/2" x 3 1/2" PLANKS, 71" LONG	1	
	JOINED BY GALVANISED STEEL FRAME (PREFABRICATED)		
16	42" SS OR POWDERCOATED BAR	1	
	COLLARS	4	
3	3 1/2" x 3 1/2" SOLID POST	1	
	25" LONG WITH TOP PLATE		

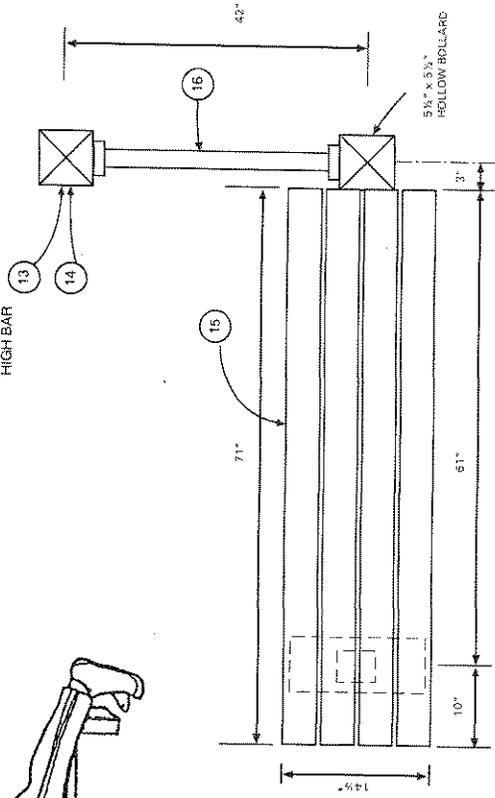
NOTE:
FIT PUSH UP BARS PRIOR TO FINAL LOCATION OF POSTS.

LOWBAR IS 10" ABOVE (FS)
HIGHBAR IS 16" ABOVE (FS)

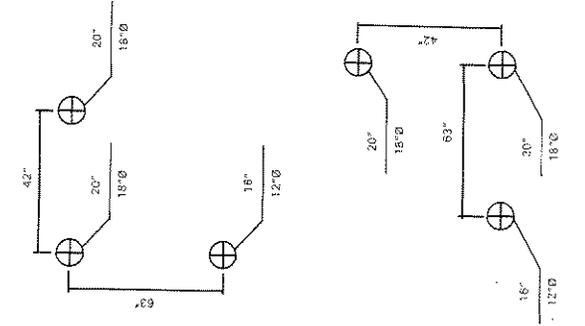


LOW BAR

HIGH BAR

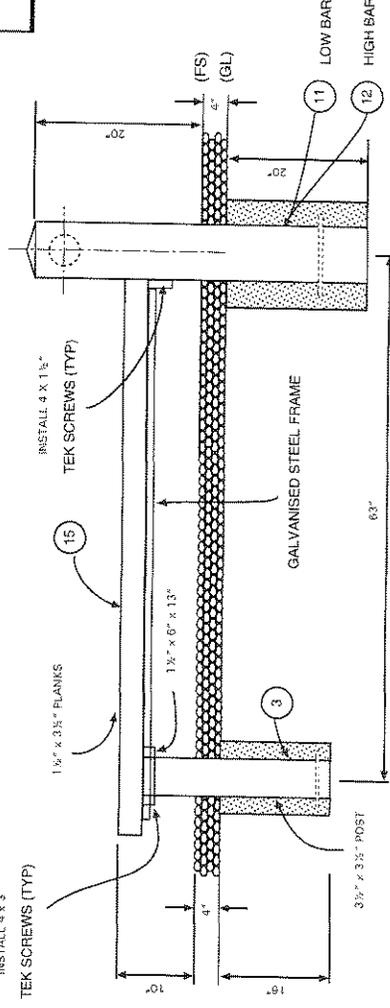


LOCATION G: 10 and K: 7



INSTALL 4 x 3" TEK SCREWS (TYP)

INSTALL 4 x 1 1/2" TEK SCREWS (TYP)

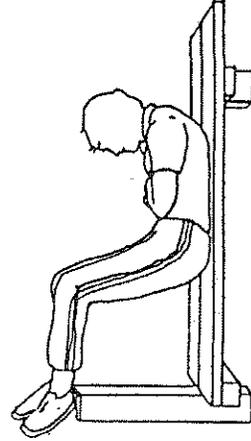
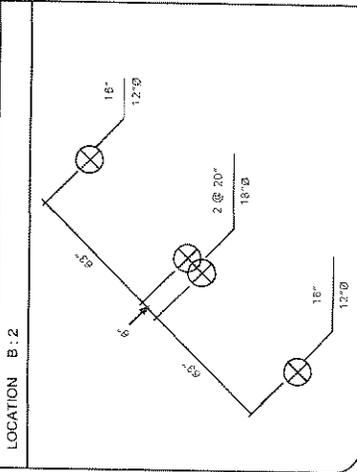
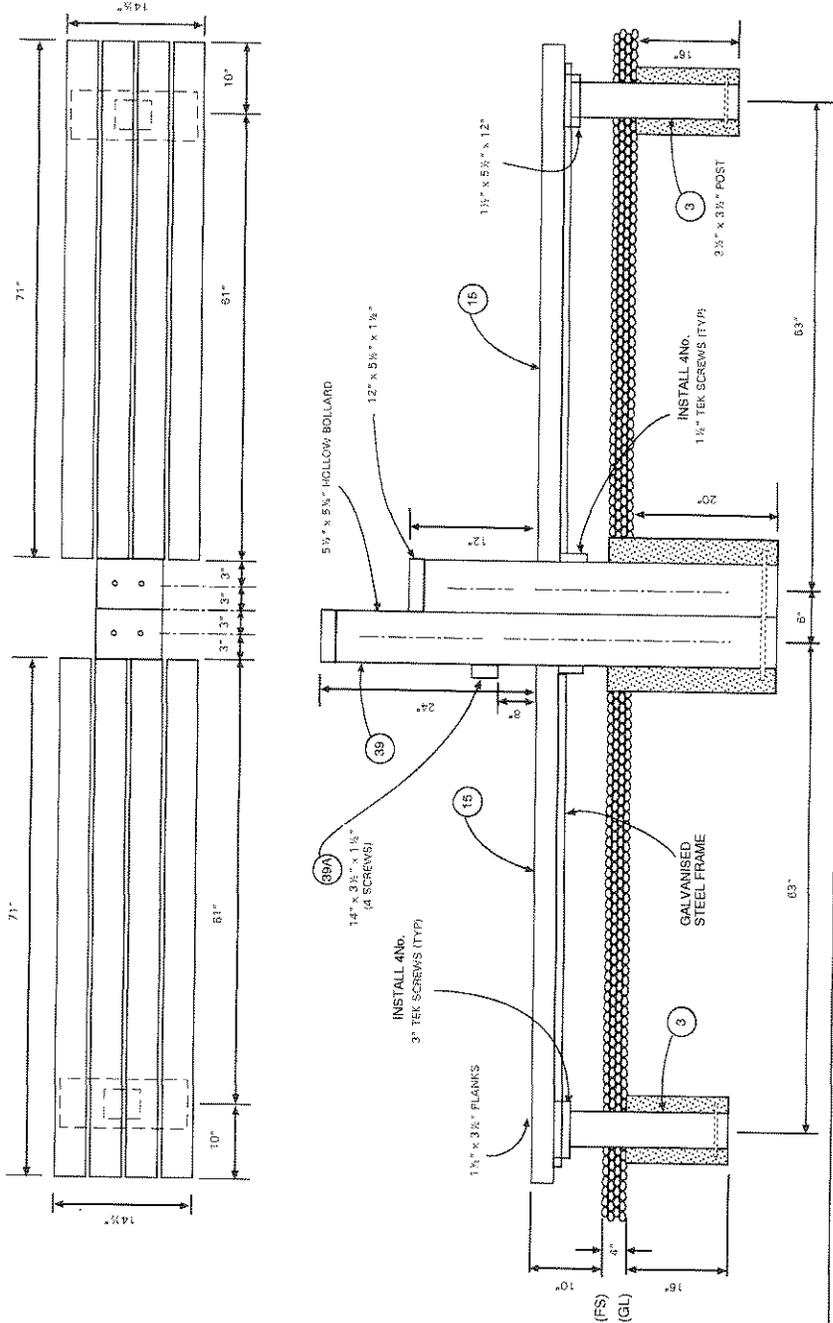


PANEL 2- SIT UP/PUSH UP
2 LOCATIONS
HIGH BAR, LOW BAR

FITNESS TRAILS
PO Box 119 Wodden ACT 2606
Ph/Fax: +61 2 6290 2437
email: fitness@fittrail.com.au
www.fittrail.com.au
© 2008 - 2008 (1207)

Materials List

ITEM No.	DESCRIPTION	PIECES	TOTAL
3	3 1/2" x 3 1/2" POST	2	
15	25" LONG WITH TOP PLATES 3 1/2" x 1 1/2" PLANKS 71" LONG	2	
	GALVANISED STEEL FRAME (PREFABRICATED)		
39	2NO. 5 1/2" x 5 1/2" HOLLOW POSTS WITH 12" x 8" x 1 1/2" TOP PLATES. POSTS ARE 45" AND 57" LONG, JOINED TOGETHER (PREFABRICATED)	1	
39A	3 1/2" x 1 1/2" CROSS BEAM 14" LONG TO BE SCREWED TO HIGH POST	1	



PANEL 4 - BENCH CURL

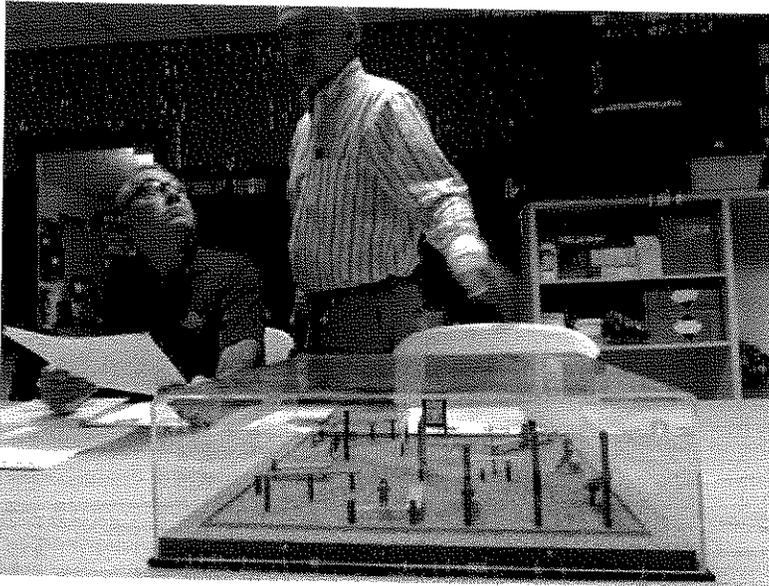
FITNESS TRAILS
 PO Box 119 Wether ACT 2606
 Ph/Fax: +61 2 (620) 2437
 email: fitness@trails.com.au
 www.fitness@trails.com
 © 2000 - 2008 (1/207)

Attachment 3

Bay Village commission gives initial nod for Cahoon Park exercise stations

Bay Village commission gives initial nod for Cahoon Park exercise stations

By Beth Mlady, Special to the Sun News ^[1] Sun News Email the author on September 27, 2014 at 1:58 PM, updated September 27, 2014 at 2:16 PM



Bay Village resident Barry Tyo explains the equipment configuration of proposed exercise stations in Cahoon Park. Beth Mlady/Special to Sun News

BAY VILLAGE, Ohio – Calling it a “good fit on the north side of Cahoon Park,” Bay Village^[2] Parks and Recreation Commission members collectively gave their approval for a proposal to incorporate exercise stations there. Three small areas would be repurposed to further enhance the walking trail located along the lakefront.

Residents Barry Tyo and Clete Miller explained to commission members Sept. 25 the equipment configuration and how they would acquire funding to offset the proposed \$11,000 cost. They recommended a Fitness Trails system^[3], designed in Australia but built in the United States by Amish craftsmen.

“It would be a combination nine-station program, with exercises developed by kinesiologists and physiologists,” Tyo said. “The equipment is not made of wood but

recycled plastic from laundry jugs and milk jugs. It's very durable and would have galvanized steel throughout and be powder coated on top of that. It doesn't corrode."

"The stations don't take up a lot of area," Miller added. "Station 1 would have a stretch bar and step-up equipment for warm-ups and stretching. Station 2 would have a chin-up bar, sit-up/push bar and a bench curl for cardio, strengthening and conditioning. The third station would have a log hop, handled benches for seated dips and posts for leg stretches, which aid in strengthening, conditioning and balance. Information boards are reminders of what you could do at these stations. One of the things I think these boards will help with ... is they actually give you seven or eight ideas of how you can mix up your routine. It allows people who are younger or older who aren't in another sport an opportunity to do something else other than walk or jog the track. It's an opportunity to add another element to Cahoon Park^[4] for our residents to experience."

Miller went on to say he and Tyo would solicit donations to fully subsidize the purchase.

"We're really trying to target the corporations in this area, many of whom have employees that live here," Miller said. "We have a small target audience that we think can help to offset that (cost). The Bay Village Foundation has agreed to support us as the 501(c)(3) entity^[5], which allows the corporations to get a write-off."

Tom Henderson, Parks and Recreation Commission liaison and Ward 4 councilman, told Miller and Tyo his intent was to gather feedback from commission members in order to take a recommendation to council's Parks and Recreation Improvements Committee, which he chairs.

"I will present the idea to them and get their feedback," Henderson said. "We can then make a recommendation to the Committee of the Whole, which would have to vote on whether or not to approve the concept. From there, it would proceed to Planning Commission."

Miller said fundraising efforts with local businesses would not be initiated "until we have the full support of the city."

"If we have that support, the 'sell' is a little easier," he said.

Tyo and Miller indicated the exercise equipment and signage would not block views toward the lake, and benches will be constructed low to the ground.

1. <http://connect.cleveland.com/user/bmladysun/posts.html>
2. <http://www.cityofbayvillage.com/>
3. <http://www.fitnessrails.com/index.htm>
4. <http://www.cityofbayvillage.com/parks-recreation/parks/cahoon-memorial-park-west.aspx>
5. [http://www.irs.gov/Charities-&-Non-Profits/Charitable-Organizations/Exemption-Requirements-Section-501\(c\)\(3\)-Organizations](http://www.irs.gov/Charities-&-Non-Profits/Charitable-Organizations/Exemption-Requirements-Section-501(c)(3)-Organizations)

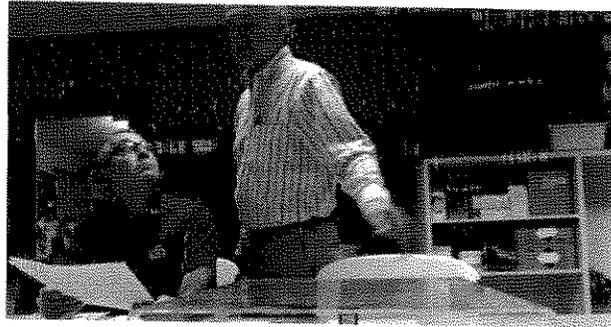
Attachment 4

Facebook Post about Exercise Equipment



Tom Henderson
September 29

A group of residents has proposed to install outdoor exercise stations along the walking trail in Cahoon Park using privately-donated funds. The target audience is adults seeking to increase their physical activity from walking to cardio and strength. The proposal includes 3 stations with 3 pieces of equipment at each station. What are your thoughts and opinions?



Bay Village commission gives initial nod for Cahoon Park exercise stations
CLEVELAND.COM



16 people like this: Molly Lautzenheiser, John Paytosh, Joe Janos, Ryan McLaughlin, Marie Kearns Zupanc, Leah Romond Gibbons, Tonie Mayher Arias Fraser, Carrie Neal Evans, Judy Wald McConnell, Robert Marin Uhoda, Brooke Emmel, Jane Frances, Brigid Perkins, Lisa Shutack, Tammy Wishner Hyland, Jill Price McLaughlin

Comments:

- John Paytosh** Seems nice, if it's paid for...even better!
- Stacey Duwe** Great idea. They have done something like down at Edgewater. Would love to have it here.
- Bob Norton** Who would say no to that? Thank you to the private donors...
- Tonie Fraser** Love the idea!
- Joanie Boettcher** Why did the high school take their fitness trail out? I heard it was due to liability issues. Has this been addressed?
- Terri Wochna** Great idea!
- Patrick McGannon** Seems like an easy and inexpensive way to increase the outdoor fitness opportunities in the city. Good idea.
- Suzanne Graham** Terrific!
- Tom Henderson** Thanks for all the feedback, everyone. I'd like to point out the proposed location is along the walking trail on the north side of Lake Road in the park. What do you think about that location?
- Tonie Fraser** I like!
- Suzanne Graham** Yes, cool!

Attachment 5

Disclosure Letter from Barry Tyo

Barry R. Tyo
29300 Lincoln Road
Bay Village, OH 44140
440.835.4815 (home) ~ 440.773.5486 (cell)
barrytyo@gmail.com

September 26, 2014

Mr. Tom Henderson
Bay Village City Council

Mr. Henderson:

In light of the possibility that the City of Bay Village, Ohio may choose to add a Fitness Trails America LLC outdoor fitness system at Cahoon Park (former "Gun Club"), this memorandum serves to repeat and confirm my relationship with Fitness Trails America and my involvement with this proposed project.

I am the sole North American representative for Fitness Trails America and, as a result, have been designated as the President of this corporation by the parent company, Fitness Trails, in Australia.

My typical compensation is a monthly salary and sales commission. However, regarding the Bay Village project, I explained the situation to the President of the global operation and stressed that because I am a Bay Village citizen, I would not expect and would not accept any monetary commission or gift for this project.

Additionally, I do not own any shares in, have never loaned or outright gifted any funds to, and have no equity in Fitness Trails or Fitness Trails America.

As a result, Fitness Trails approved a price discount from \$14,900 to \$10,500 which completely eliminates any commission, bonus or otherwise monetary compensation customarily paid to me. In addition, Fitness Trails has offered to reduce its corporate profit to meet the \$10,500 submission.

Cordially,



Barry Tyo
29300 Lincoln Road
440.773.5486