

COMMUNITY SERVICES ADVISORY BOARD
Friday, April 11, 2014

Attendance: Debbie Bock, Ann Gilmore Orin, Victoria Stavlas, Penny Dolski,

Guests: None

Absent: Dave Britton, Councilman Dwight Clark, Janet Day, Nancy Girardot, Diane Pavan, Scott Pohlkamp, Ellen Screwvala

- I. **Minutes:** The minutes of the January 2014 meeting were approved as written.
- II. Announcements – Debbie announced that Mary Munn was returning to the board to fill the vacancy left when Georgeanne Vartorella moved out of Bay. The board has another opening left by Dave Britton who no longer works at the Knickerbocker. The board agreed that it would be a good idea to extend an invitation to one of the current employees at the Knickerbocker to be part of the Community Services Advisory Board.
- III. Audience Comments – none
- IV. Department updates:
 - a. **Community Services**
 - i. **2013 Annual Report** – Victoria requested additional copies of the report be made available at the July meeting.
 - ii. **Health and Wellness Collaboration-** Debbie explained that the city was partnering with the Cleveland Clinic and their Healthy Community Initiative. They will be engaging community partners like Heinen's and Bradley Bay to provide programs and activities in the community. Walk with a Doc will occur for 8 consecutive weeks. Residents participating in the program will have free glucose, cholesterol screenings as well as things like BMI calculation. This was to begin originally in July but was pushed back until September. That time is not yet definite and may have to wait till next spring since Bay has no indoor walking facilities. The county is also offering a Community Health Challenge which Bay Village is exploring the option to participate in that this summer in the interim. Ann suggested that we talk to the folks heading up Tour de Bay to see if that was something that might be included.
 - b. **Senior Center**
 - i. **Transitions Transitioned-** Debbie stated that this support group has been in existence for over ten years and no longer functioned as a support group. Speakers have been invited to speak on a variety of topics and the group has been opened to anyone interested. This month, the topic was Forgiveness, last month- Relaxation through guided imagery, and next month will focus on Counseling- when to get the help of someone more than a friend or a family member and how to select a good therapist.

ii. Senior Activities- Ann stated that the walking group has been a bit slow to get established, but Zentangle, Coffee and Current Events, Fashion and Accessories have all become popular activities. She also reported that more people are requesting trips and she has scheduled more trips in response to their requests- including one to New York. Blossom and Playhouse Square are also in the queue.

V. Old Business

Building Improvements- The center has been painted, lighting completed. The bathrooms on the Westside are scheduled for work, along with increasing the size of the storage room in the southwest corner of the building. Ann and Debbie agreed that the response from the seniors has been very positive and that it is such a joy to see everyone so happy! New blinds have been ordered as well as outdoor signage for the front and side doors as well as a scrolling LED sign that will be displayed above Ann's desk. The staff will be able to change the messages easily and should be a fun way to get messages across.

With so many improvements taking place, the remaining items to be addressed is a soundproof divider, a new hood over the stove in the kitchen- possibly a fire suppression system so meals would be able to be cooked and served there, and a part time outreach worker. Debbie stated that 15-20 hours for an outreach worker would round out the staff nicely.

VI. New Business-

Board opening was discussed under announcements.

VII. Council Update- Dwight was unable to make this meeting. And it was determined that Debbie's email with the agenda did not go through to ANY board members contributing in part to a low turn-out, along with many being out of town for spring vacations.

The meeting was adjourned at 10:00.

Meeting dates for 2013 will be July 18th, and Oct 17. The next meeting will be held at the Dwyer Center so the board can tour the center to see all the improvements. If the weather is nice, we will convene on the patio- so bring sun glasses!