

Minutes of a Meeting of  
Recreation and Parks Improvements Committee  
Held Monday, December 9, 2013  
6:30 p.m.

Members Present: Councilman Tom Henderson, Chair  
Councilman Paul Vincent  
Councilman Dwight Clark

Also Present: Recreation Director Enovitch, Councilman Lee, Barry Tyo  
Lawrence Kuh

Audience: Conda Boyd

Mrs. Lieske called the meeting to order at 6:30 p.m.

Fitness Stations at Walking Trail in Cahoon Memorial Park

Chairman Lieske thanked Councilman Miller for taking the lead on this project, and working with Mr. Tyo and Mr. Kuh.

Mr. Miller stated that several months ago Mr. Tyo visited the Recreation and Parks Improvements Committee and did a presentation about the fitness trail systems. Seeing some potential, Mr. Miller, Mr. Tyo, and Mr. Kuh began to develop a plan on how they would approach this project. Part of it was trying to understand what they wanted to accomplish with the system. It will be a nine-station format, at three different locations on the trail. A map was submitted by Mr. Miller of the proposed layout of the trail (Exhibit A attached). They feel this is a space where active youth and adults can exercise. The trail starts with a warm up, goes to a cardio station, then to strength, or resistance training. One of the goals is to keep the trail as transparent as possible. The vertical posts are all dark color and the horizontal systems are tan. Mr. Tyo displayed a sample of the poly-lumber material made from recycled products.

Station 1 is for stretching, Station 2 is aerobics with sit-ups, pull-ups and push-ups, Station 3 is lower to the ground for activities that are in a more prone position. Each station is about 22 feet square with an interlocking post system to retain a wood-chip base for the stations to allow the moisture to flow through and keep the spaces presentable.

Nine stations at three locations, four sign panels including an introductory panel and panels at each location, material for holding 26 posts in place, 1500 cubic feet of wood chip fill and cordings will require a budget of approximately \$20,000. The goal is to not have any direct cost to the city and to raise the needed funds through corporate donations.

Mr. Kuh stated that all signs will be in a north/south orientation so as not to disturb the view to the lake.

Mr. Kuh has approached Kyle Hyland of Columbus Crew. As a professional athlete from Bay Village, he is 100% on board with an endorsement. He will also make an effort to speak to Columbus Crew about funding the whole project in exchange for naming rights. Civic organizations will be asked for contributions as well. Mr. Tyo commented that for a donation of a certain amount of money, a sign would be installed at a station recognizing the donor.

Mr. Tyo explained that with a track such as the walking trail, it is better to have the fitness equipment installed in a circuit of stations. People can use the track or trail for walking or running, and incorporate the exercises as part of their fitness work. Mr. Tyo noted that there is a variety of outdoor activities for children in the park. For adults, unless they are into more extreme sports as basketball and tennis, and for the many walkers there are over the city, having something like this would increase their exercise options.

Mr. Lee asked if there are any grants available that would help with funding this project. Mr. Enovitch stated there is nothing at this time since the city most recently received a grant for Reese Park Playground.

No maintenance is required. The wood chips may need to be treated and raked occasionally. There is no oversight by the Recreation Department for use of the equipment required.

Conda Boyd asked the life of the signage. Mr. Tyo stated that the life of the equipment is at least 1,000 years, but he has no idea of the life of the signage. The signage and posts are of Lexan construction.

There is a similar installation in the Rocky River Metroparks Reservation.

Mrs. Lieske stated that the next step for further consideration of this type of facility would be to present it to Mr. Koomar with a request to submit it to the Committee of the Whole for further discussion. Mr. Enovitch recommended further analyzing what is going into each circuit, especially if offering cross training of fitness and exercise in these stations. Changing elements may affect the final cost. Mr. Kuh stated that they are seeking the blessing of Council to begin fund raising. Part of the process would be to meet with Mr. Enovitch to finalize the stations. Lead time is two weeks for delivery in the winter. In spring, delivery may take six to eight weeks. Fund raising may increase the time for the project to become reality.

Mrs. Lieske expressed appreciation to Mr. Miller, Mr. Kuh, and Mr. Tyo for their work in bringing this project forward.

### Recreation Survey

A survey regarding recreational facility needs created by the Recreation Department (Exhibit B attached) was reviewed by the committee.

Mrs. Lieske suggested moving the demographic information questions to the end of the survey.

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Participation in Bay Days should also be questioned, and whether the residents are attending for the activities at Bay Days or just for the fireworks.

Under the Community Gym membership, there should be a question as to whether the gym was used or a membership sought at either the Community Gym or another out-of-the-city recreational facility. Mr. Clark suggested asking people why they go out of the city for their exercise activities. The Walking Trail could also be included as a question in the survey relative to frequency of use.

Discussion followed about the method of distributing the survey. It is important to include people who do not have computers. Mr. Kuh suggested creating a Google survey for the computer piece. Mrs. Lieske suggested a two-prong approach using Survey Monkey and the Senior Center for distributing paper questionnaires. Knickerbocker Apartments residents should also be given an opportunity to complete the survey.

Mr. Miller stated he thought the survey presented is very complete. He suggested adding a section about the proposed fitness stations at the Walking Trail.

Mr. Enovitch recommended finalizing the questions to be asked, addressing the objectives, and attempting to get a true feel of expectations and needs. Mr. Enovitch and his department were thanked for their efforts in putting this survey together.

Mrs. Lieske stated that a priority by the end of the year would be to filter the suggestions, copy the members of the committee, and have the actual survey prepared.

Mrs. Lieske thanked everyone for their input and the information provided for this evening's meeting.

There being no further business to discuss the meeting adjourned at 7:30 p.m.

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Karen Lieske, Chairman

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Joan Kemper, Clerk of Council